



YEAH!

# EAT MENU

## BREAKFAST OR LIGHT BITES

Served until 11:30am

Bacon Sandwich 350 kcal	£3.50
Sausage Sandwich 521 kcal	£3.75
Bacon & Sausage Sandwich 525 kcal	£4.20
Toast with Butter & Jam  327 kcal	£2.50
Crumpets with Butter  319 kcal	£2.50
Currant Teacake  274 kcal	£2.50
Beans on Toast  370 kcal	£2.50

A selection of fruit is available at the counter  

## TOASTED & HOT SANDWICHES






Tuna & Cheddar Toastie 531 kcal	£5.80
Cheese & Tomato Toastie  411 kcal	£5.30
Cheese & Ham Toastie 432 kcal	£5.80
Cheese & Ham Panini 230 kcal	£6.00
Mozzarella, Pesto & Tomato Ciabatta  268 kcal	£6.50
Fish Finger Sandwich 570 kcal	£5.30
Optional Salad 50p 11kcal	

+Add chips to your order for £2 (also available as an individual portion)



## JACKET POTATOES

Simply delicious & filling. All jacket potatoes are served with an optional side salad.







Plain Jacket    394 kcal	£3.50
Add Cheese   704 kcal	£1.25
Add Beans    473 kcal	£1.25
Add Tuna Mayo  548 kcal	£1.25
Optional Side Salad 50p 11kcal	



## stompers play gym

## MEAL DEAL

The perfect fuel for your little Stompers. All the meals come with a carton fruit drink, a packet of crisps and a Frube

Ham Sandwich 304 kcal	£4.50
Cheese Sandwich  369 kcal	£4.50
Potato Waffles & Beans  289 kcal	£6.00
Fish Fingers & Beans 199 kcal	£6.00
Half Jacket Potato with Beans  104 kcal	£5.00
Half Jacket Potato with Cheese  200 kcal	£5.00
Kids Margherita Pizza  201 kcal	£6.00
Chicken Nuggets & Chips 207 kcal	£6.00
Beans on Toast  220 kcal	£5.00

## ADULT MEAL DEAL

Meal Deals are served with a choice of Tea, a small Coffee or a can of pop

Ham Sandwich Meal Deal 168kcal	£4.00
Cheese Sandwich Meal Deal  331kcal	£4.00
Optional Side Salad 50p 11kcal	



YEAH!

+Add chips to your order for £2 (also available as an individual portion)

# PIZZA

Choose from one of the following:

**Margherita**  810 kcal **£8.00**

Emilia Romagna tomato pulp and fior di latte mozzarella.

**Thin Pepperoni** 217 kcal per 100g **£8.50**

Italian made stone baked pizza base topped with mozzarella cheese shreds & pepperoni on a tomato base.

**Thin Vegetable**  156 kcal per 100g **£8.00**

Emilia Romagna tomato pulp, fior di latte mozzarella, grilled aubergine, courgette and red & yellow peppers.

**Gluten Free Margherita**   660 kcal **£7.50**

Cheese pizza with tomato sauce base made without gluten.

YEAH!

XL

# PIZZA

Not for the faint hearted this XL option oozes with gooey cheese, tomato & dough.

Choose from one of the following:

**Four Cheese Stuffed Crust**  1740 kcal **£10.00**

Tomato sauce stuffed crust pizza base topped with tomato sauce, mozzarella, mature cheddar, monterey jack & emmental.

**Pepperoni Stuffed Crust** 1768 kcal **£11.00**

Tomato sauce stuffed crust pizza base topped with tomato sauce, mozzarella & pepperoni slices.

# SPECIALS

## PLEASE SEE OUR SPECIALS BOARD

PROUD TO SERVE

COSTA

## HOT DRINKS

	Solo	Doppio	Primo	Medio	Massimo
Espresso	£2.00	£2.20	•	•	•
Americano	•	•	£2.50	£2.80	£3.00
			Primo	Medio	Massimo
Cappuccino	•	£2.80	£3.00	£3.50	
Latte	•	£2.80	£3.00	£3.50	
Flat White	•	£3.00	•	•	
Cortado		£2.50	•	•	•
			Primo	Medio	Massimo
Mocha	•	£3.00	£3.50	£3.80	
Hot Choc	•	£2.80	£3.00	£3.50	
			Primo	Medio	Massimo
Tea			•	£2.00	•
Special Tea			•	£2.20	•

Add syrup for 40p

Add a shot of coffee for 20p

## COLD DRINKS

A selection of cold drinks are available at the counter.

### Why not enjoy a cake with your drink?

A selection of cakes are also available from the counter.

The menu information is subject to change. Calorie guidance is based on an adult portion of the recommended 2000 calories per day.

Please ensure you inform your server if you have any allergies or intolerances.

 Vegetarian  Gluten Free Option  
 Healthy Option

[yeahdaysout.co.uk](http://yeahdaysout.co.uk)

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